



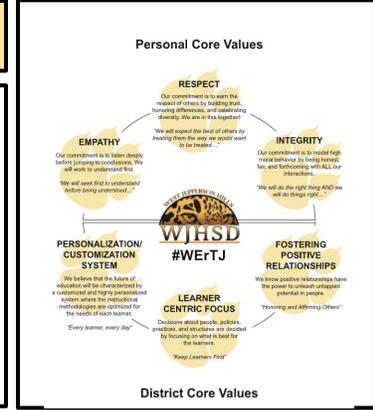
JHIS Prowler

October 2020

Students Are The Primary Focus of the West Jefferson Hills School District...

Message From the Principals... **BE SMART, BE SAFE, WEAR YOUR MASKS!**

On behalf of all of us at JHIS, we would like to thank you for the abundance of support that has been afforded while launching this unique school year. We were, and continue to be, impressed with our students' ability to adapt and persevere through the learning curve that we all have experienced this past month. Our staff continues to remain committed to making this educational model the very best that it can be while we continue to operate under the current conditions. We can confidently say that the best is still to come. We would also like to thank you for remaining vigilant with taking the necessary precautions to ensure that we are strictly adhering to the Health and Safety Guidelines. We realize that this is not always convenient for any of us; however, it is absolutely necessary to achieving our collective goal of safely getting our students back at JHIS full time!!!



Red Ribbon Week



JHIS is scheduled to celebrate the nationally recognized Red Ribbon Week during the week of October 26th. This week is part of an effort to empower our children to take a stand against drugs and violence. Throughout this fun-filled week, each student will have the opportunity participate in daily "themes" that support this important message. Additional information will be forthcoming from our PTA about all the events and activities that we are able to implement while adhering to the Health and Safety guidelines. Thank you in advance to our PTA and in particular the Red Ribbon Committee for facilitating this opportunity for our students and staff.

- ### Upcoming Events
- 6: JHIS PTA Meeting (7)
 - 8: ALICE Drill (Dignity)
 - 9: ALICE Drill (Respect)
 - 26: Red Ribbon Week
 - 27: End of 1st 9 Weeks
 - 30: Halloween Activities



NWEA MAP Assessment Update

The NWEA MAP Growth assessment has been administered to most JHIS students over the past couple of weeks. The data collected from this assessment will be utilized to monitor student growth over time as well as to assist our educational team with future instructional planning. Detailed student reports and Individual Goal Setting Worksheets will be sent home with our students in the coming weeks. These powerful tools allow our students and staff to collaborate to develop appropriate instructional goals for each and every student.



ALICE Drill

JHIS will be conducting ALICE drills on Oct. 8th (Dignity) and Oct. 9th (Respect). Safety will always remain our number one priority and we remain hopeful that this response will never be needed, but much like our monthly fire drills, it is imperative that we remain proactive in our response to a variety of situations.



Chill Project at JHIS

The CHILL Project by Allegheny Health Network (AHN) has partnered with JHIS to provide a mindfulness-informed and preventative school-based behavioral health program serving students, staff, and families. The CHILL Project provides students with a wide range of opportunities to learn and practice mindfulness techniques and coping skills. Further opportunities to learn and practice skills will be implemented in the custom-built CHILL Room, where all students will have access either scheduled or as needed. The CHILL Room is staffed with a Behavioral Health School Educator who leads mindfulness trainings to help students achieve greater academic success, reduce anxiety, improve student-teacher relationships, and improve students' abilities to engage in better decision-making. Students may also visit the CHILL Room at any time throughout the day to speak privately with the Behavioral Health School Educator, or simply take a few moments of quiet reflection and calm before they resume their normal schedule. Staff members are encouraged to visit the CHILL Room for moments of mindfulness to support their own well-being and that of their students. The CHILL Project also offers opportunities for students who require a higher level of care by providing traditional outpatient counseling services in the school setting with their Behavioral Health Therapist on staff. The Behavioral Health School Educator and Behavioral Health Therapist work together to support the mental health of everyone in the school community.

<https://www.youtube.com/watch?v=eOFkAbvfnAM&feature=youtu.be>