

MAY & JUNE



Thomas Jefferson High School Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BISTRO 1776

LUNCH PRICES:

Student \$3.20/\$4.10 Tier(T)
Reduced \$.40
Adult \$4.35/\$4.55*

www.schoolcafe.com for online payments
Instructions found at www.wjhsd.net

Paper Check? No problem. Make checks payable to
"WJHSD Cafeteria Fund"

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk

Daily Vegetable Choices May Include:



- Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

- Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

GRAD AND GO SALADS AND SANDWICHES

- Choices May Include: Vegetable Garden Salad w / roll
- Ham or Turkey Salad w/ Roll
- Chef's Salad w/ roll
- Greek Salad w/ Roll
- Strawberry Spinach Salad w/ Roll
- Caprese Pasta Salad with Roll
- Ham & Cheese Wrap or Turkey and Swiss on Baguette
- Buffalo chicken Wrap
- Taco Chicken Wrap
- Chicken Caesar Wrap
- Roast Beef and Cheddar Wrap
- Italian Wrap

<p>8-May</p> <p>Popcorn Chicken and Mashed Potato Bowl</p> <p>FEATURED VEGGIES Steamed Corn Mashed Potatoes Choice of Fruit Choice of Milk</p>	<p>9-May</p> <p>Nacho Grande or Taco Pizza</p> <p>FEATURED VEGGIES Black Bean Salsa Lettuce & Tomato Choice of Fruit Choice of Milk</p>	<p>10-May</p> <p>Fresh Shaved Cheesesteak Hoagie</p> <p>FEATURED VEGGIES Au Gratin Potatoes Celery Sticks Choice of Fruit Choice of Milk</p>	<p>11-May</p> <p>BBQ Rib Patty on a Bun</p> <p>FEATURED VEGGIES Curly Fries Cole Slaw Choice of Fruit Choice of Milk</p>	<p>12-May</p> <p>Pot stickers(T) server over Fred Rice with an egg roll</p> <p>FEATURED VEGGIES Oriental Vegetable Broccoli Salad Choice of Fruit Choice of Milk</p>
<p>15-May</p> <p>Buffalo Grilled Chicken Hoagie</p> <p>FEATURED VEGGIES Oven Fries Broccoli Salad Choice of Fruit Choice of Milk</p>	<p>16-May</p> <p>Fajita Bar Chicken or Beef on a soft tortilla</p> <p>FEATURED VEGGIES Black Beans Mexicali Corn Choice of Fruit Choice of Milk</p>	<p>17-May</p> <p>General Tso's Chicken(T) server over Fred Rice with an egg roll</p> <p>FEATURED VEGGIES Steamed Broccoli Cucumber Salad Choice of Fruit Choice of Milk</p>	<p>18-May</p> <p>Cheeseburger Sliders or Hot Ham & Cheese on a Pretzel Bun</p> <p>FEATURED VEGGIES Oven Fries Celery Sticks Choice of Fruit Choice of Milk</p>	<p>19-May</p> <p>Pasta Bar Penne Pasta with Marinara or Alfredo Sauce Garlic Breadstick</p> <p>FEATURED VEGGIES Baby Carrots Broccoli Choice of Fruit Choice of Milk</p>
<p>22-May</p> <p>Double Dog Day (2) Hot Dogs</p> <p>All the fixings</p> <p>FEATURED VEGGIES BBQ Baked Beans Cole slaw Choice of Fruit Choice of Milk</p>	<p>23-May</p> <p>Chicken & Broccoli Alfredo over Anole Hair Garlic Breadstick</p> <p>FEATURED VEGGIES French Fries Lettuce & Tomato Choice of Fruit Choice of Milk</p>	<p>24-May</p> <p>Wing Bar! Boneless or Bone in Choice of Sauce</p> <p>FEATURED VEGGIES Crinkle Cut Oven Fries Sliced cucumbers Choice of Fruit Choice of Milk</p>	<p>25-May</p> <p>Breakfast for Lunch French Toast Sticks with Sausage Patties</p> <p>FEATURED VEGGIES Triangle Hash Browns Cinnamon Apples Choice of Fruit Choice of Milk</p>	<p>26-May</p> <p>Act 80 In-service Day</p>  <p>District Closed</p>
<p>29-May</p>  <p>Memorial Day District Closed</p>	<p>30-May</p> <p>Nachos Grande Tortilla Chips</p> <p>FEATURED VEGGIES Black Beans Tomato & Onion Salad Choice of Fruit Choice of Milk</p>	<p>31-May</p> <p>Pot Stickers(T) server over Fred Rice with an egg roll</p> <p>FEATURED VEGGIES Oriental Vegetables Cucumber Salad Choice of Fruit Choice of Milk</p>	<p>1-Jun</p> <p>Grilled Panini Flatbread Fare A variety of Panini Sandwiches Grilled on Flatbread</p> <p>FEATURED VEGGIES Potato Salad Side Salad Choice of Fruit Choice of Milk</p>	<p>2-Jun</p> <p>Chefs Choice</p> <p>FEATURED VEGGIES Oven Fries Side Salad Choice of Fruit Choice of Milk</p>
<p>5-Jun</p> <p>Chefs Choice</p> <p>FEATURED VEGGIES Side Caesar Salad Tomato & Mozzarella Salad Choice of Fruit Choice of Milk</p>	<p>6-Jun</p> <p>Chefs Choice</p> <p>FEATURED VEGGIES Oven Fries Broccoli Salad Choice of Fruit Choice of Milk</p>	<p>Enjoy Your Summer Vacation</p>  <p>Thank You for Supporting Your Foodservice Department</p>	 <p>WJHSD Kennywood Picnic Day</p>	<p>See You in August!!!</p> 

GRILLE FIFTY5ONE

Choices may include Hamburgers, Cheeseburgers, Double Cheeseburgers(T), Jaguar Burgers(T), Corn Dogs, Cheese Steak Hoagies Regular and Large(T), Quesadillas, Grilled Chicken Sandwiches, and Grilled Cheese Sandwich on Texas Toast with Tomato Soup

VILLA MONTICELLO

Choice of fresh baked pizza!!! Choices may include Hand Tossed(T), Deep Dish(T), French Bread, Flat Bread, Sicilian Style(T), Big Daddy's(T), Detroit Style(T), and Pepperoni Rolls(T).

THE CHAMPION OF ALL CHICKEN CHERP'S CHICKEN

Choices may include Chicken Patty on a bun, Spicy Chicken Patty on a bun, Grilled Chicken Sandwich, Popcorn Chicken, Chicken Nuggets, Chicken Fries, Chicken Wings(T), Chicken Sliders, or Chicken Tenders.

Declaration DELI

Made to order Chopped Salads, Sandwiches, and Wraps with an assortment of fresh deli meats and cheeses. You can pick from the wide variety of fresh toppings to tailor it just the way you want it. Toast your sandwich in the Panini Press or over at Villa Monticello. Check out our Fresh Soups too all Served Daily!

Try Schoolcafe.com for menus and nutritional information

John Rambo

Food Service Director
412-655-8610 x6270
jrambo@wjhsd.net

Menu Subject to Change based on product availability.

USDA is an equal opportunity provider and employer.