



2025



Thomas Jefferson High School Lunch Menu



LUNCH PRICES:

Student \$3.40/\$4.30 Tier(T)
Reduced \$.00
Adult \$4.65/\$5.55(T)

www.schoolcafe.com for online payments
Instructions found at www.wjhsd.net

Paper Check? No problem. Make checks payable to
"WJHSD Cafeteria Fund"

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

GRAD AND GO SALADS AND SANDWICHES

May include: Vegetable Garden Salad w/ roll
Ham or Turkey Salad w/ Roll
Chef's Salad w/ roll
Greek Salad w/ Roll
Strawberry Spinach Salad w/ Roll
Caprese Pasta Salad with Roll
Ham & Cheese Wrap or Turkey and Swiss on Baguette
Buffalo chicken Wrap
Taco Chicken Wrap
Chicken Caesar Wrap
Roast Beef and Cheddar Wrap
Italian Wrap



John Rambo

Food Service Director
412-655-8610 x6270
jrambo@wjhsd.net

Try SchoolCafe.com for menus and Nutritional Information
Menu Subject to Change based on product availability.
USDA is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BISTRO 1776				
3-Feb SLIDER DAY Cheeseburger Sliders or Hot Italian Sliders FEATURED VEGGIES Oven Fries Celery Sticks Choice of Fruit Choice of Milk	4-Feb Walking Tacos Dorito Chips or Taco Pizza FEATURED VEGGIES Mexicali Corn Red Pepper Strips Choice of Fruit Choice of Milk	5-Feb General Tso's Chicken(T) over Fried Rice FEATURED VEGGIES Oriental Vegetable Mandarin Oranges Choice of Fruit Choice of Milk	6-Feb Grilled Chicken & Broccoli Alfredo over Penne FEATURED VEGGIES Steamed Broccoli Chic Pea Salad Choice of Fruit Choice of Milk	7-Feb Macaroni and Cheese w/ Pretzel Sticks or FEATURED VEGGIES Side Salad Baby Carrots Choice of Fruit Choice of Milk
10-Feb BBQ DAY Pulled Pork BBQ or BBQ Ribb Sandwich FEATURED VEGGIES Curly Fries Coleslaw Choice of Fruit Choice of Milk	11-Feb TJ Chipotle(T) Choice of Beef, Chicken, or Pork in a Burrito Bowl FEATURED VEGGIES Peppers & Onions Black Beans Choice of Fruit Choice of Milk	12-Feb Chicken Tikka Masala with Cilantro Lime Rice FEATURED VEGGIES Steamed Broccoli Tomato Salad Choice of Fruit Choice of Milk	13-Feb Egg Roll in a Bowl (Double Egg Roll) FEATURED VEGGIES Oriental Vegetable Red Pepper Strips Choice of Fruit Choice of Milk	14-Feb Cheese Pierogies with Sautéed Onions FEATURED VEGGIES Romaine Salad Ranchero Carrots Choice of Fruit Choice of Milk
17-Feb Presidents' Day No School	18-Feb Chicken Fajitas with Sautéed Peppers & Onions or Beef Soft Tacos FEATURED VEGGIES Black Beans Tomato & Onion Salad Choice of Fruit Choice of Milk	19-Feb TJ Subway(T) Our version of the Deli Bar Choice of Bread or Wrap Choice of Deli Meats and Cheeses with all the toppings FEATURED VEGGIES Curly Fries Cucumber Salad Choice of Fruit Choice of Milk	20-Feb Oven Roasted Chicken w/ Buttered Noodles FEATURED VEGGIES Green Peas Baby Carrots Choice of Fruit Choice of Milk	21-Feb French Toast Sticks w/sausage patty FEATURED VEGGIES Triangle Hashbrowns Baked Cinnamon Apples Choice of Fruit Choice of Milk
24-Feb Popcorn Chicken and Mashed Potato Bowl FEATURED VEGGIES Steamed Corn Mashed Potatoes Choice of Fruit Choice of Milk	25-Feb Nachos Grande Tortilla Chips FEATURED VEGGIES Black Beans Garden Salsa Choice of Fruit Choice of Milk	26-Feb WING BAR Boneless or Bone in Wings(T) Choice of Sauce FEATURED VEGGIES Baby Carrots & Celery Oven Fries Choice of Fruit Choice of Milk	27-Feb PASTA BAR Choice of Pasta & Sauce Choice of Chicken or Meatballs Garlic Breadstick FEATURED VEGGIES Side Ceaser Salad Green Beans Choice of Fruit Choice of Milk	28-Feb WAFFLE BAR Belgian Waffles With Fruit Toppings and Sausage FEATURED VEGGIES Hashbrowns Cinnamon Apples Choice of Fruit Choice of Milk
3-Mar Buffalo Chicken Pasta FEATURED VEGGIES Celery Sticks Garden Peas Choice of Fruit Choice of Milk	4-Mar Walking Taco or Taco Pizza FEATURED VEGGIES Tater Tots Red Pepper Strips Choice of Fruit Choice of Milk	5-Mar General Tso's Chicken(T) server over Fred Rice with an egg roll FEATURED VEGGIES Cucumber Salad Mandarin Oranges Choice of Fruit Choice of Milk	6-Mar Grilled Chicken and Broccoli Alfredo over Penne FEATURED VEGGIES Steamed Broccoli Chickpea Salad Choice of Fruit Choice of Milk	7-Mar Macaroni & Cheese w Soft Pretzel Stick FEATURED VEGGIES Side Salad Baby Carrots Choice of Fruit Choice of Milk

GRILLE FIFTY ONE

CHECK OUT OUR HOPPY MEAL - Every Tuesday In honor of Coach Hoppy!! Other choices may include Hamburgers, Cheeseburgers, Double Cheeseburgers(T), Jaguar Burgers(T), Corn Dogs, Grilled Jumbo Hot Dogs, Quesadillas, Grilled Chicken Sandwiches, Cheese Steak Hoagies, Specialty Burgers(T), Texas Toast Grilled Cheese with Tomato Soup, and more!!!

VILLA MONTICELLO

Choice of fresh baked pizza!!! Choices may include Hand Tossed(T), Deep Dish(T), French Bread, Flat Bread, Sicilian Style(T), Daddy's(T), Detroit Style(T), Calzones(T), and Pepperoni Rolls(T). Big

THE CHAMPION OF ALL CHICKEN CHERP'S CHICKEN

Choices may include Chicken Patty on a bun, Spicy Chicken Patty on a bun, Grilled Chicken Sandwich, Popcorn Chicken, Chicken Nuggets, Chicken Fries, Chicken Wings(T), Chicken Sliders, or Chicken Tenders.

Declaration DELI

Made to order Chopped Salads, Sandwiches, and Wraps with an assortment of fresh deli meats and cheeses. You can pick from the wide variety of fresh toppings to tailor it just the way you want it. Toast your sandwich in the Panini Press or over at Villa Monticello. Check out our Fresh Soups too!!! All Served Daily!