



February

WJHSD Elementary & Intermediate Lunch Menu February 2025



Lunch Prices

Student \$3.15/\$3.95 (T)
 Reduced \$0.00
 Adult \$4.65/\$5.55 (T)

Checks can be made payable to "WJHSD Cafeteria Fund"

Online payments can be made at www.payforit.com

Instructions can be found at www.wjhsd.net



Manage your child's lunch account at www.schoolcafe.com

See what they are purchasing
 Get low balance alerts and more!

Instructions can be found at www.wjhsd.net



John Rambo

Food Service Director
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Monday	Tuesday	Wednesday	Thursday	Friday
2/3/25 PICNIC DAY Hamburger / Cheeseburger or Hot Dog	2/4/25 Soft Shell Beef Taco or Pizza Sticks	2/5/25 General Tso's Chicken (T) Served over rice or Steak & Cheese Hoagie	2/6/25 Spaghetti with Meatballs or Meatball Hoagie	2/7/25 Macaroni & Cheese w/ soft pretzel stick or Stuffed Crust Pizza (T)
Featured Veggies: Baked Beans Celery Sticks Choice of Fruit & Milk Nacho Lunch Pack	Featured Veggies: Oven Fries Cherry Tomato Choice of Fruit & Milk Nacho Lunch Pack	Featured Veggies: Steamed Broccoli Cucumber Salad Choice of Fruit & Milk Nacho Lunch Pack	Featured Veggies: Steamed Green Beans Caesar Salad Choice of Fruit & Milk Nacho Lunch Pack	Featured Veggies: Red Pepper Strips Romaine Salad Choice of Fruit & Milk Nacho Lunch Pack
2/10/25 Hot Ham & Cheese on a Pretzel Bun or Popcorn Chicken	2/11/25 Nachos Grande or Cheese Quesadillas	2/12/25 Italian Meatball Hoagie' or Chicken Patty On a wg Bun	2/13/25 Toasted Cheese Sandwich or Pulled Pork BBQ On a wg Bun	2/14/25 Big Daddy's Pizza (T) or Potato & Cheese Pierogies
Featured Veggies: Oven Fries Celery Sticks Choice of Fruit & Milk Breadstick Lunch Pack	Featured Veggies: Refried Beans Tomato Salsa Choice of Fruit & Milk Breadstick Lunch Pack	Featured Veggies: Sliced Cucumbers Romaine Salad Choice of Fruit & Milk Breadstick Lunch Pack	Featured Veggies: Tomato Soup Coleslaw Choice of Fruit & Milk Breadstick Lunch Pack	Featured Veggies: Broccoli Florettes Ranchero Carrots Choice of Fruit & Milk Breadstick Lunch Pack
2/17/25 NO SCHOOL	2/18/25 Walking Tacos or Taco Pizza Quesadilla Featured Veggies: Shredded Lettuce & Tomato Chic Pea Salad Choice of Fruit & Milk Pizza Lunch Pack	2/19/25 Hot Turkey Sandwich with Gravy or Bosco Pizza Sticks Featured Veggies: Curly Fries Steamed Broccoli Florettes Choice of Fruit & Milk Pizza Lunch Pack	2/20/25 Buffalo Chicken Pasta or Homemade Pepperoni Roll(T) with Dipping Sauce Featured Veggies: Green Pepper Strips Baby Carrots Choice of Fruit & Milk Pizza Lunch Pack	2/21/25 French Toast Sticks w/ Sausage Patty or Pepperoni French Bread Pizza(T) Featured Veggies: Triangle Hash Browns Baked Cinnamon Apples Choice of Fruit & Milk Pizza Lunch Pack
2/24/25 Mini Corn Dog or Popcorn Chicken with Whole Grain Roll Featured Veggies: Steamed Corn Red Pepper Strips Choice of Fruit & Milk Yogurt Lunch Pack	2/25/25 Nacho Grande Tortilla Chips or Taco Pizza Featured Veggies: Black Beans Cherry Tomatoes Choice of Fruit & Milk Yogurt Lunch Pack	2/26/25 Boneless Wings Choice of Sauce or Italian Dunker with Dipping Sauce Featured Veggies: Baby Carrots Celery Sticks Choice of Fruit & Milk Yogurt Lunch Pack	2/27/25 Chicken Patty On a wg Bun or Spaghetti & Meatballs Featured Veggies: Steamed Green Beans Caesar Salad Choice of Fruit & Milk Yogurt Lunch Pack	2/28/25 Belgian Waffles with Sausage Patty or Breakfast Sandwich on a Croissant Featured Veggies: Hashbrowns Cinnamon Apples Choice of Fruit & Milk Yogurt Lunch Pack
3/3/25 Chicken Nuggets with Whole Grain Roll or Meatball Hoagie Featured Veggies: Green Peas Celery Sticks Choice of Fruit & Milk Breadstick Lunch Pack	3/4/25 Walking Taco with Dorito Chips or Hot Dog On a wg Bun Featured Veggies: Tater Tots Carrot Sticks Choice of Fruit & Milk Nacho Lunch Pack	3/5/25 Cheeseburger On a wg Bun or General Tso Chicken(T) over rice Featured Veggies: Cucumber Salad Mandarin Oranges Choice of Fruit & Milk Nacho Lunch Pack	3/6/25 Grilled Chicken and Broccoli Alfredo over Penne or Pepperoni Roll with Dipping Sauce Featured Veggies: Steamed broccoli Chic Peas Salad Choice of Fruit & Milk Nacho Lunch Pack	3/7/25 Macaroni & Cheese with a Soft Pretzel Stick or Big Daddy's Pizza(T) Featured Veggies: Side Salad Baby Carrots Choice of Fruit & Milk Nacho Lunch Pack

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, fat-free chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad
 Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
 Legumes - beans and peas
 Starchy White - potatoes, corn, peas and lima beans
 Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Leave Your Lunch at Home

Daily entrée alternate options may include:

Garden Salad with Grilled Chicken and a Whole Wheat Roll
 or
 WOW Butter & Jelly Sandwich

Try Our Version of the Launchable, the "Lunch Pack"!!! The Lunch Pack of the week choices may include: Yogurt and Cheesy Stick, Make your Own Pizza, Ham & Cheese Cubes with Crackers, Grilled Chicken with Crackers, Nacho Chips with Salsa and Shredded Cheese, or Breadsticks with Dipping Sauce. All come with a fruit, a vegetable, and a milk included!