

# Welcome to Thomas Jefferson High School

## Preparing for your 1st Year of High School

Scheduling & Helpful Tips for the Class of 2025



## Scheduling Basics

- You will select courses through Skyward beginning March 8th through March 12th
- Teachers will lock in recommendations by March 5th
- You'll log into your Skyward account - not your parents. You can log in using Clever.
- [Refer to this video to see how you'll schedule through Skyward: Skyward Walkthrough](#)
- Look at top right to select 7 credits and then you must add 3 alternate elective choices
  - All available courses for you will be listed on Skyward
- Review your plan with your parents
- [2021-22 TJ Program of Studies](#)



## TJHS Basics

- 7 academic periods
  - flexible lunch with personalized learning time (PLT)
  - PE is a semester-long class every day
- Personalized Learning Time (PLT)
  - Two 30 minute blocks to pursue chosen activities
- Course selection through Skyward

The plan is for us to be back on our full-day schedule from 7:30-2:30 next year

## Graduation Requirements

How many credits for a TJ diploma?

CLASS OF	2025
Language Arts (English)	4
Social Studies	3
Science	3
Social Studies and/or Science*	1
Mathematics	3
Computers	0.5
Physical Education	3 years
Health	Built in to 10th gr. PE course
Arts and/or Humanities	1
Electives/Additional Credits	8.0
<b>Total Credits</b>	<b>25.00</b>

\*7 total Science and or Social Studies must be completed

# Graduation Requirements

## Things to consider

- Graduation requirements are the minimum number of credits in each area needed in order to graduate
- Some programs will want to see 4 years minimum in all of the core classes and additional core classes taken
- NCAA eligibility requires 16 core classes be completed with a 2.3 GPA or better in those classes
- Students will be able to earn 7 credits per year for a total of 28 credits
- World language (Spanish or French) is not a graduation requirement, but many colleges like to see at least two years of a world language and some want to see 3 or more
- There is not a lot of margin for error with the credit requirements and the total available credits. Failing classes will jeopardize graduation. Do everything you can to stay on track.

# Some General Notes

- If you need help in a class, ask your teacher for help! We have PLT which will allow for teachers to pull you if you are struggling. This is similar to the activity period here at the middle school.
- If you miss school for two or more days, contact your teachers via e-mail/Canvas or if you know you will be out then see your teachers before you miss the days.
- Get into the habit of checking student email daily, checking your e-hallpasses, registering for PLT in flex-time manager, and checking Canvas to see what work you have

## What do I need to take next year?

- English class - recommended by teacher
- Math class - recommended by teacher
- Science - recommended by teacher
- Social Studies - recommended by teacher
- Physical Education
- Electives (2.5 credits)
  - Everyone will be scheduled for 7 credits
  - Freshmen will be able to schedule 2.5 elective credits
  - You could be recommended for a world language

## Core Sequences/Options

	9th Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade
<b>English</b>	Honors English 9 English 9 Resource English English ESL	Honors English 10 English 10 Resource English English ESL	AP English Lang. Eng. 11 Resource English English ESL	AP English Lit. English 12 Resource English English ESL
<b>Math</b>	Honors Algebra 2 Algebra 2 Honors Geometry Geometry Algebra I Algebra I - Self-Paced B	Honors Pre-Calc Pre-Calc Algebra 3 Honors Alg. 2 Algebra 2 Geometry Algebra I	AP Calc (AB) CHS Calc AB Honors Pre-Calc Pre-Calc Algebra 3 Algebra 2 Differentiated Math Prob. & Statistics	AP Calculus (AB or BC) AP Statistics Calculus Pre-Calculus Algebra 3/Trig Probability & Statistics Algebra 2
<b>Science</b>	Honors Biology Biology	Honors Chemistry Chemistry Physical Science	AP Chemistry, Honors Physics Academic Physics Physics Environmental Science	AP Biology AP Physics Anatomy & Physiology Environmental Science Astronomy (0.5)
<b>Social Studies</b>	Government/Civics Hon. Gov./Civics	World History AP World History	AP US History US History	AP European History Shaping the Modern World AP Psychology Law/Econ/Psych/Soc.

## Override Meetings

If you and your family disagree with a teacher's recommendation, you are able to request a meeting with your counselor and a principal to discuss overriding the recommendation.

If you override a class, you will have to stay in that class and you will not be permitted to have a schedule change to get out of the class you requested.

## Electives

- Everyone will have PE for half of the year
- You will have 2.5 credits of electives
- You may not always get your first choice.
- Be willing to try new classes!
- Choose classes based on your interests or careers you might be interested in.
- Look in the Program of Studies for class descriptions and videos to be released soon!
- If you don't choose classes, we'll choose them for you.

## Steel Center

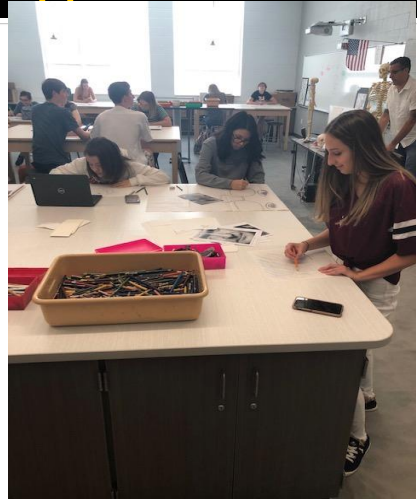
- We utilize Steel Center as our Technical and Vocational School!
  - Students in Grades 10-12 can attend Steel Center



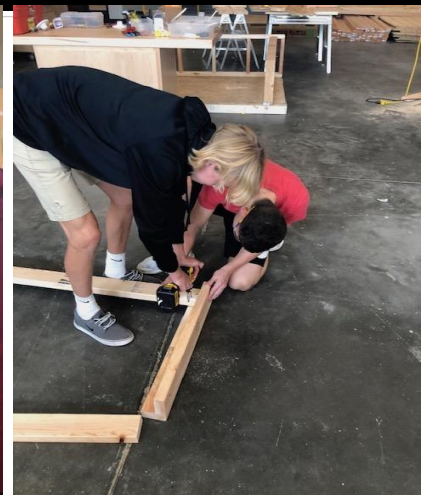
## Sample 9th Grade Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Period 1 7:30-8:15	English 9	English 9	English 9	English 9	English 9
Period 2 8:19-9:01	Geometry	Geometry	Geometry	Geometry	Geometry
Period 3 9:05-9:51	1 <sup>st</sup> semester Bus/Computer Fundamentals 2 <sup>nd</sup> Semester Phys. Ed	1 <sup>st</sup> semester Bus/Computer Fundamentals 2 <sup>nd</sup> Semester Phys. Ed	1 <sup>st</sup> semester Bus/Computer Fundamentals 2 <sup>nd</sup> Semester Phys. Ed	1 <sup>st</sup> semester Bus/Computer Fundamentals 2 <sup>nd</sup> Semester Phys. Ed	1 <sup>st</sup> semester Bus/Computer Fundamentals 2 <sup>nd</sup> Semester Phys. Ed
Period 4 9:55-10:37	Biology	Biology	Biology	Biology	Biology
Period 5 10:41-11:23	Spanish 1	Spanish 1	Spanish 1	Spanish 1	Spanish 1
Lunch/PLT 11:27-1:03	Flexible and Personalized Activity Periods and Lunch. 2 30 minute Activities + 30 min. Lunch				
Period 7 1:07-1:49	Gov./Civics	Gov./Civics	Gov./Civics	Gov./Civics	Gov./Civics
Period 8 1:53-2:35	Band	Band	Band	Band	Band

## PLT- Take advantage of all the exciting learning opportunities



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## Think Long Term...

- Ninth grade counts. Your grades DO matter!
  - Your QPA starts in 9<sup>th</sup> grade
- Challenge yourself.
- Get organized.
  - Use planner, Canvas, google calendar or phone calendar
- Use Skyward/Canvas regularly to review your grades, assignments, and announcements.

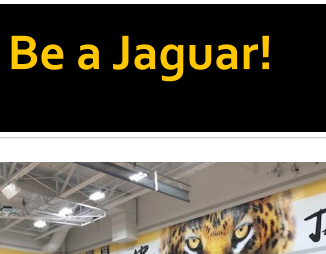
## Get Involved in High School

- Get involved in activities
- Time management skills will improve if they have to - being involved forces time management
- 82% of students who have Saturday detention or suspension are not involved in a school activity/club/team





Be a Jaguar!



Be a Jaguar!



Be a Jaguar!



## Planning for after High School

- Explore different options
- 4 year college, trade/technical school, military
- Some sort of post high school training is required for most careers

## Next Steps...

- Teacher recommendations March 1-5th
- Videos about electives available March 5th
- March 8th-12th - you will select electives to fill out your schedule
- All students should have 7 credits scheduled and alternate electives selected as well
- Discuss with your parents

## Next Steps...

- High School Counselor Assignments
  - Mrs. Yeager - [eyeager@wjhsd.net](mailto:eyeager@wjhsd.net) - students whose last names begin with A-G
  - Ms. Maple - [kmaple@wjhsd.net](mailto:kmaple@wjhsd.net) - last names H-O
  - Mr. Kilcoyne - [mkilcoyne@wjhsd.net](mailto:mkilcoyne@wjhsd.net) - last names P-Z
- Email for Scheduling Questions
- High School Administration
  - Mr. Murphy - TJHS Principal
  - Mr. Knaresborough - 9th & 11th Grade Assistant Principal for the 2021-22 School Year
  - Mrs. Kuhse - 10th & 12th Grade Assistant Principal for the 2021-22 School Year

## Additional Resources

Be thinking about what's after high school

- Naviance - career planning site. Log in through Clever Portal
  - <https://www.naviance.com>
- [Success in the New Economy](#) – 10 min video
  - <https://www.onetonline.org/>
  - <https://www.pacareerzone.org/>