



West Jefferson Hills School District

LUNCH MENU

Elementary & Intermediate School - KG thru 5th GRADE



ALL MEALS SERVED WITH MILK CHOICE OF:

1% WHITE or FAT FREE CHOCOLATE



Students must choose 3 out of 5 daily components to qualify for a Complete Reimbursable Meal - 1 item must be a Fruit or Vegetable/Potato

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>Daily Fruit Choice</u> Apples, Oranges, Banana, Peach Cup, Pear Cup, Pineapple Mixed Tropical Fruit Cup, Flavored Applesauce Cups <u>Daily Option #3 - Yogurt Meal</u> Yogurt, Cheese Stix, Graham Crackers Fruit, Veggie & Milk Choice	November 01 Cheeseburger on a Bun Lettuce, Tomato, & Pickles Side Salad Crinkle Cut Fries Daily Fruit Selection & Milk	November 02 Chicken Tenders w/Roll Baked Beans AuGratin Cheese & Bacon Potatoes Daily Fruit Selection Milk Choice	November 03 <u>Stir Fry Day!</u> Sweet'n Sour Chicken Fried Rice & Broccoli Dinner Roll Daily Fruit Selection & Milk	 November 04 Calzone w/Pizza Sauce Side Salad Potato Wedges Daily Fruit Selection Daily Fruit Selection & Milk
November 07 <u>Taco Tuesday!</u> (2) Soft Tacos with toppings Spanish Rice w/Salsa Side Salad & Dinner Roll Daily Fruit Selection Milk Choice	November 08 Bosco Sticks w/Marinara Side Salad Curly Fries Graham Crackers Daily Fruit Selection Milk Choice	November 09 <u>Popcorn Chicken Bowl!!</u> Popcorn Chicken w/Roll Corn Mashed Potatoes & Gravy Daily Fruit Selection Milk Choice	November 10 Pierogies w/Fish Nuggets Dinner Roll Green Beans Daily Fruit Selection Milk Choice	 November 11 Deep Dish Pepperoni Pizza Curly Fries Fresh Veggie Cup or Salad Daily Fruit Selection Milk Choice
November 14 Meatball Hoagie w/Cheese Oven-Baked Fries Baby Carrots w/Ranch Daily Fruit Selection Milk Choice	November 15 Ham & Cheese on a Pretzel Bun Lettuce, Tomato, & Pickle Seasoned Potato Wedges Graham Crackers Daily Fruit Selection Milk Choice	November 16 Chicken Patty Sandwich Tater Tots California Blend Vegetables Daily Fruit Selection Milk Choice	November 17 <u>Holiday Meal</u> Turkey, Mashed Potatoes & Gravy Corn, Stuffing or Roll Cranberry Sauce Holiday Treat Daily Fruit Choice & Milk Choice	 November 18 Stuffed Crust Pizza Spiral Fries Fresh Veggie Cup or Salad Peach Cup Milk Choice
November 21 Funnel Cakes w/Syrup Sausage Patty Hash Brown Patty 100% Fruit Juice Daily Fruit Selection Milk Choice	November 22 Early Dismissal Teacher Conferences	November 23 No School Students & Teachers		
November 28 WJHSD - NO SCHOOL Thanksgiving Holiday Break Nov. 24th thru Nov.28th	November 29 Chicken Nuggets w/Roll Potato Wedges Corn Daily Fruit Selection Milk Choice	November 30 Grilled Cheese Sandwich Tater Tots Seasoned Carrot Coins Daily Fruit Selection Milk Choice	<u>WJHSD - ELEMENTARY & INTERMEDIATE SCHOOLS</u> Free Breakfast Program starting Oct 1st! All WJHSD students qualify daily for 1 - "Free" Breakfast Meal You must choose 3 out of the 4 Breakfast items to qualify for the Free Meal Lunch *Free, *Reduced \$.40, Full Paid \$2.95 ***Parents/Guardians *** 2022-23 Free & Reduced Meal Application available on wjhsd.net	

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