Kindergarten "Safe Snack" List

With Kindergarten eating such a late lunch this year, we are encouraging every child to bring a daily snack to be eaten between 10:00-11:00. If you cannot send in a snack for any reason, or your child forgets their snack, we will have extras on hand. When sending your snack, please keep the following in mind:

- 1) Please don't send in drinks with the snack
- 2) Make it a small snack not a whole meal; packed separate from lunch
- 3) It should be something healthy(ish)
- 4) Your child should be able to open it on their own

After checking with our school nurse, we have compiled a list of approved snacks based on their content and allergy concerns in our building. Please only send snacks that appear on the list below:

<u>Cheese Snacks</u> (*curls, puffs, balls*) - UTZ, WISE, CHEETOS, PIRATE'S BOOTY







<u>Graham Crackers</u> - NABISCO, TEDDY GRAHAMS



<u>Pretzels</u> - UTZ, HERR'S



<u>Crackers</u> -CHEESE NIPS, GOLDFISH



<u>Popcorn</u> - UTZ, HERR'S



<u>Fresh Fruit</u> -peeled/sliced; no fruit cups

