

AHN Jefferson Counseling

School Based Therapy

**AHN Jefferson
Counseling
810 Clairton Blvd
Pleasant Hills, PA
15236**

**Referral Line or
Questions:
412-650-1116**

School based therapy consists of outpatient behavioral health services, facilitated by our expert care team, which is conveniently located within the school environment. Through evaluation, collaboration, and understanding of how student mental health impacts success in the school environment, school based therapy is an innovative behavioral health service model.

School based therapy may consist of:

- a. Confidential assessments and sessions provided at the school during school hours. Sessions could also be provided at our main office.
- b. Medication management offered at our main office and during select hours at Pleasant Hills Middle School

Typical diagnoses treated by the school based team include ADHD, generalized anxiety disorder, social anxiety disorder, major depressive disorder, and high-functioning autism spectrum disorder.

Our main office is conveniently located within the boundaries of the West Jefferson Hills School District, and is no more than a 7-10 minute drive to or from any residence or school within the district.

Referrals may be made through the school OR a parent/guardian may call the referral line directly.