



West Jefferson Hills School District
DECEMBER 2022 LUNCH
HIGH SCHOOL MENU

JANUARY

ALL MEALS SERVED WITH MILK CHOICE OF:
1% WHITE or FAT FREE CHOCOLATE

WEST JEFFERSON HILLS SCHOOL DISTRICT - THOMAS JEFFERSON HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Food Court Stations Daily Choices  Villa Monticello Pizza Station Monday - Deep Dish Tuesday - Chicken Bacon Ranch Pizza Wed - Buffalo Chicken Thursday - Pepperoni Rolls Friday - Pierogi /White Grill 51 Station Monday - Corn Dog Tuesday - Chicken Quesadilla Wed - Steak & Cheese Sub Thursday - Deluxe Burger Friday - Grilled Cheese  
	January 03 <u>Bistro Station</u> Chicken Bites w/assorted dipping sauces Dinner Roll Tater Tots & Side Salad Daily Fruit Selection Milk Choice	January 04 <u>Bistro Station</u> Nacho Grande w/Roll Spanish Rice w/Salsa Assorted Topping Bar Oven Baked Fries Daily Fruit Selection Milk Choice	January 05 <u>Bistro Station</u> Chicken Stir Fry w/Teriyaki Glaze Fried Rice & Broccoli Egg Roll Daily Fruit Selection Milk Choice	 January 06 <u>Pizza Station</u> Stuffed Crust Pizza Side Salad Potato Wedges Daily Fruit Selection Milk Choice	
January 09 <u>Bistro Station</u> Pierogies w/Cheese Stick Dinner Roll AuGratin Potatoes Green Beans Daily Fruit Selection Milk Choice	January 10 <u>Grill Station</u> Chicken Quesadilla w/Toppings Tator Tots Fresh Veggie Cup or Salad Daily Fruit Selection Milk Choice	January 11 <u>Popcorn Chicken Bowl</u> Popcorn Chicken w/Roll Corn Mashed Potatoes & Gravy Daily Fruit Selection Milk Choice	January 12 <u>Pizza Station</u> Pepperoni Roll w/Marinara Potato Wedges Fresh Veggie Cup or Salad Daily Fruit Selection Milk Choice	January 13 <u>Grill Station</u> Grilled Cheese Sandwich Tomato Soup Crinkle Cut Fries Daily Fruit Selection Milk Choice	
January 16 	January 17 <u>Bistro Station</u> French Toast Sticks w/Syrup Sausage Patty Hash Brown Patty 100% Fruit Juice Daily Fruit Selection Milk Choice	January 18 <u>Deli Station</u> Hot Italian Deli Sub Tater Tots Coleslaw Daily Fruit Selection Milk Choice	January 19 <u>Pasta Bar - Bistro Station</u> Penne Pasta w/choice of Marinara, Alfredo or Meatsauce & Garlic Breadstick California Blend Vegetables Daily Fruit Selection Milk Choice	January 20 <u>Pizza Station</u> Pierogi Pizza! Spiral Fries Fresh Veggie Cup or Salad Daily Fruit Selection Milk Choice	
January 23 <u>2 Hour Delay - WJHSD</u> <u>Grill Station</u> (2) Hot Dogs w/ Topping Bar Oven Baked Fries Baked Beans Daily Fruit Selection Milk Choice	January 24 <u>Deli Station</u> Deluxe Meatball Sub w/Cheese Curly Fries Baby Carrots w/Ranch Daily Fruit Selection Milk Choice	January 25 <u>Bistro Station</u> <u>Popcorn Chicken Bowl</u> Popcorn Chicken w/Roll Corn Mashed Potatoes & Gravy Daily Fruit Selection Milk Choice	January 26 <u>Bistro Station</u> Wonton Dumplings w/Teriyaki Glaze Fried Rice & Broccoli Egg Roll Daily Fruit Selection Milk Choice	January 27 <u>Bistro Station</u> Sloppy Joe Sandwich Crinkle Cut Fries Fresh Veggie Cup or Salad Daily Fruit Selection Milk Choice	
January 30 <u>Bistro Station</u> BBQ Rib Hoagie w/Lettuce Tomato & Pickle Cole slaw & Tater Tots Daily Fruit Selection Milk Choice	January 31 <u>Bistro Station</u> Hot Turkey Sandwich Mashed Potatoes w/Gravy Corn Daily Fruit Selection Milk Choice	<u>Fresh Vegetable Choice</u> Broccoli, Baby Carrots, Cauliflower, Pepper Strips, Cucumber Slices, Side Salad, Fresh Veggie Mix, Sugar Snap Peas, Spinach, Spring Mix Salad, Garbanzo Bean Salad, Hummus Cup	<u>Daily Fruit Choice</u> Apples, Oranges, Banana, Peach Cup, Pear Cup, Mixed Tropical Fruit Cup, Pineapple, Raisins & Assorted Flavored Applesauce Cups, Strawberry Cup and Seasonal selections!	<u>FREE BREAKFAST</u> ALL STUDENTS WILL QUALIFY FOR 1 FREE DAILY BREAKFAST MEAL FOR 2022-23 SCHOOL YEAR ** Breakfast Meal only**	
High School Prices <u>Breakfast</u> \$.30 Reduced \$1.85 Paid <u>Lunch</u> \$.40 Reduced \$3.20 Paid \$4.10 Tier Meals <u>Salad Bar & Fresh Salads to go!</u> Assorted freshly made salads to choose from daily... New Menu Choices this month!					

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202)-720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

Food Service Director (412) 655-8610 ext.6270 - NOW TAKING APPLICATIONS - Cafeteria Positions/Substitutes - Menu Subject to Change Revised 12-14-22