





DISTRICT BREAKFAST MENU - WEST JEFFERSON HILLS SCHOOL DISTRICT - FREE BREAKFAST MEAL - OCT 1, 2022 thru JUNE 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	January 03 KELLOGG'S POPTART WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 04 GEN MILLS CEREAL BAR WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 05 ASSORTED MUFFINS WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 06 HADLEY CINNAMON ROLL WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée
	January 09 CEREAL BOWL WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 10 SUPER BREAD SLICE WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 11 GEN MILLS CEREAL BAR WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 12 BENEFIT BREAKFAST BAR WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée
	January 16	January 17 KELLOGG'S POPTART WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 18 GEN MILLS CEREAL BAR WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 19 ASSORTED MUFFINS WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée
	January 20	January 23 CEREAL BOWL WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 24 SUPER BREAD SLICE WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 25 GEN MILLS CEREAL BAR WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée
January 27 HADLEY CINNAMON ROLL WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 30 CEREAL BOWL WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	January 31 KELLOGG'S POPTART WG GRAHAM CRACKER 100% FRUIT JUICE DAILY FRESH FRUIT MILK CHOICE Daily Assorted Breakfast Entrée	Assorted Breakfast Entrées Assorted Cereal Bowl, Cereal Bar, Poptarts, Muffins, Cinnamon Roll, Super Bread Slice, Breakfast Bar, Nutri Grain Bar, Danish, Fruit filled Frudels, Cinni Minis, Bagelfuls - Cream Cheese filled, Graham Crackers	
4 COMPONENTS OF A COMPLETE BREAKFAST MEAL 1. Breakfast Entrée - Cereal, Breakfast Bar, Muffin...etc 2. Bread/Grain - Whole Grain Graham Cracker 3. Fruit or 100% Juice/Vegetable or Potato Choice 4. Milk Option 3 out of 4 items must be chosen for a complete meal 1 item must be a fruit/juice or a vegetable/potato				

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202)-720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.