



**TJHS & PHMS SCHOOL SPONSORED FREE SPORTS
PHYSICALS - AUGUST 5 & 6, 2020**

**PHYSICAL FORMS CAN BE FOUND AT www.wjhsd.net
CLICK ON ATHLETICS AND FORM IS ON THE RIGHT**

ALL PHYSICALS WILL BE DONE AT TJHS HEALTH OFFICE

*Physicals will be scheduled on a first come first serve basis until appointment times are filled. Complete Sections 1 thru 6 and bring completed forms with you to Physical appointment. **PHYSICALS WILL BE SCHEDULED THROUGH A GOOGLE FORM THAT WILL BE EMAILED TO ALL FAMILIES. SELECT THE DATE AND TIME FOR YOUR PHYSICAL AND SUBMIT. PLEASE MAKE NOTE OF THE DATE AND TIME SO YOU DON'T FORGET.***

***ALL SECTIONS of the form must be filled out completely with all required signatures. Please double check to make sure it is complete.**

**PRIVATE PHYSICIAN PHYSICAL FORMS MUST BE
TURNED INTO TJHS or PHMS OFFICE BY FRIDAY
AUGUST 7TH.**

**NOTE: PHYSICALS MAY NOT BE CERTIFIED &
DATED PRIOR TO JUNE 1, 2020**

**ALL FALL ATHLETES MUST HAVE A PHYSICAL BY
AUGUST 17TH. AUGUST 10TH FOR FOOTBALL.**