

2010/11 PIAA SPORT FORMS FOR TJHS

SUBMIT THE FORMS TO THE NURSE BY:

FALL SPORTS - AUGUST 13, 2010 BEFORE 12:00PM
WINTER SPORTS - NOVEMBER 5, 2010 BEFORE 12:00PM
SPRING SPORTS - MARCH 4, 2011 BEFORE 12:00PM

PARENT/GUARDIAN INSTRUCTIONS:

- Sections 1-4 are used for the first sport season played this year. (**yellow & pink**)
- For every new sport season played this school year, submit Sections 1 and 5 (**blue**)
- Students can pick up the forms in the school office or health office.
- [Click here to download revised PIAA forms \(5/24/10\)](#)
- **Only official PIAA forms will be accepted.**
- **Incomplete forms will not be accepted.**
- **No student may participate in any try-out practice or game until the correct PIAA forms are complete and submitted to the school nurse for review.**

Section 1: Personal and Emergency Information

FRONT SIDE: Complete side one of the form for the coach
BACK SIDE: Give your instructions to the coach if needed

Section 2: Certification of Parent/Guardian

- A. **Sign your name on the line next to every sport your child will play during the entire school year.**

TJHS HAS THE FOLLOWING SPORT SEASONS:

FALL: Cheerleading, Cross Country, Football, Golf, Soccer, Tennis (Girls), Volleyball (Girls)
WINTER: Basketball, Indoor Track, Swimming, Wrestling
SPRING: Baseball, Softball, Tennis (Boys) Track and Field, Volleyball (Boys)

- B. **Your signature is required.**
C. **Your signature is required.**
D. **Your signature is required.**
E. **Your signature is required.**

Section 3: Health History

Parent/guardian signature and student signature is required on this form.

Section 4: Physical Examination

1. **Physicals must be done after June 1st prior to the current school year.**
2. **Physicals done prior to June 1st will be rejected under PIAA rules.**
3. **The doctor must complete the PIAA physical form. No other form will be accepted.**
4. **Incomplete forms will not be accepted.**

FREE SCHOOL PHYSICALS – AT PHMS HEALTH OFFICE
FOR ALL TJHS SPORTS AND PHMS SPORTS

JUNE 15, 2010

JUNE 16, 2010

JUNE 17, 2010

SUBMIT FORMS BY - JUNE 1, 2010

1. Physicals will be scheduled on a first come first serve basis until the appointment times are filled. A notice with the appointment day and time will be mailed to your home.

If you need back to back appointments, submit the forms together with a note.

2. Students who submit forms after June 1st will be put on a waiting list. You will be notified if a cancelled appointment becomes available.
3. If your child does not get an appointment or misses the scheduled appointment, the forms will be returned to you by mail. Please make an appointment with your own doctor for the physical and follow the instructions listed below.

PRIVATE PHYSICAL: PE must be done after June 1, 2010
PE dates prior to June 1 will not be accepted
Incomplete forms will not be accepted
Only official PIAA forms will be accepted

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Fall Sports - August 13, 2010 before 12:00 PM - Cheerleading, Cross Country,
Football, Golf, Soccer, Tennis (Girls), Volleyball (Girls)
Winter Sports - November 5, 2010 before 12:00 PM – Basketball, Indoor Track,
Swimming, Wrestling
Spring Sports - March 4, 2011 – Baseball, Softball, Tennis (Boys), Track and Field,
Volleyball (Boys)

(2010/11 GRADE 9 FORMS MUST BE SUBMITTED TO THE NURSE AT TJHS)