PHMS: FREE SPORT PHYSICALS JUNE 2 AND JUNE 6

Physicals will be done during school hours at Pleasant Hills Middle School.

Submit these forms to the nurse to get an appointment

FORMS ARE DUE - May 25, 2011

If you miss the above deadline, a private physical is needed.

KEEP THE FORMS UNTIL YOUR MEDICAL PROVIDER COMPLETES THE PHYSICAL FORM (SECTION 4). THEN, SUBMIT THE FORMS TO THE NURSE. NO STUDENT WILL BE PERMITTED TO TRYOUT OR PARTICIPATE IN PRACTICE OR GAMES UNITL ALL OF THE PIAA FORMS ARE COMPLETE AND ARE REVIEWED BY THE NURSE.

- ✓ **The Sport physical must be done after June 1, 2011.**
- ✓ **Physicals before June 1 will not be accepted. *This is a PIAA rule.***
- ✓ **Only official PIAA forms will be accepted. No other forms can be used. Handwritten notes will not be accepted.**

FORM DUE DATES (2011/12 GRADE 9 FALL SPORT FORMS MUST BE GIVEN TO THE NURSE AT TJHS BY AUGUST 10TH)

August 10, 2011…….Football, Girls Volleyball, Cross Country, Cheerleading

October 14, 2011……..Boys Basketball, Wrestling

December 14, 2011.....Girls Basketball

March 2, 2012…….....Track, Gr. 8 Boys JV Baseball, Cheerleading Tryout

IMPORTANT INSTRUCTIONS BELOW:

No student may participate in any try-out, practice or game until all of the PIAA forms are complete and are reviewed by the nurse. Please check all of the forms, including the physical form, before turning them into the nurse. Incomplete forms will not be accepted. Incomplete forms will be returned to you.

✓ PAGE 1	FRONT SIDE:	Complete side one for the coach.
	BACK SIDE:	Write instructions for the coach if needed for health reasons.
✓ PAGE 2	**Sign your name on the line next to every sport your child will play during the entire school year. Sign your name on all FIVE permission lines (B-F).**	
✓ PAGE 3	Complete the health history and sign the bottom. The student must also sign the form.	
✓ PAGE 4	The medical provider must complete the Section 4 form.	

It is the policy of the West Jefferson Hills School District to not discriminate on the basis of sex, handicap, age, race, color, and national origin in its educational and vocational programs, activities, or employment as required by Title IX, Section 5904 and Title VI. For information regarding services, activities, programs, and facilities that are accessible to and usable by handicapped persons or about your rights or grievance procedures, contact the Director of Human Resources at 412-655-8450.