

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch. Meat or meat alternate, Choice of Vegetable, Choice of Fruit, Grain/Bread, Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

Weekly Vegetable Subgroups
May Include:
Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections
May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch at Home
Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Chicken Nuggets with Pretzel Stick
Cheese or Pepperoni Pizza

UP FOR GRABS
Chicken Caesar Salad with Dinner Roll
Strawberry Spinach Salad with Dinner Roll
Chopped Garden Salad with Dinner Roll
Taco Salad with Dinner Roll
Asian BBQ Chicken Wrap
Chicken Caesar Wrap
Club Sandwich Wrap
Turkey & Cheese Flat Bread
Buffalo Chicken Roll Up Wrap
Turkey & Spinach Roll Up Wrap

Lunch Prices
Student \$2.90
Student Tier \$3.85
Reduced \$.40
Adult \$3.75
Adult Tier \$4.70

John Rambo
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Monday Tuesday Wednesday Thursday Friday

GRILLE FIFTYONE **ALWAYS AVAILABLE**
Hamburger or Cheese Burger

<p>Veggie Burger On a Bun Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Chopped Steak & Cheese Peppers & Onions(T) Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Spicy Chicken Quesadilla Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>1/4 Pound Hot Dog On a Bun Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Grilled Cheese on Texas Toast Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>
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Monday Tuesday Wednesday Thursday Friday

VILLA MONTICELLO **ALWAYS AVAILABLE**
Cheese, Peperoni, and other varieties of pizzas

<p>Personal Pizza Day(T) 7" Pizza Just For You Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>White Pizza(T) or Deep Dish Pizza(T) Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Peperoni Roll(T) with Dipping Sauce Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Assorted Calzone(T) or Deep Dish Pizza(T) Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Pierogi Pizza(T) Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>
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Monday Tuesday Wednesday Thursday Friday

THE CHAMPION OF ALL CHICKEN CHERP'S CHICKEN **ALWAYS AVAILABLE**
Spicy and Regular Chicken Patties

<p>Popcorn Chicken with a Dinner Roll Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Chicken Sticks with a Dinner Roll Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Chicken Fritters Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Chicken Wings(T) with a Dinner Roll Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Chicken Tenders with a Dinner Roll Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>
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Declaratio DELI **ALWAYS AVAILABLE**
Made to Order Chopped Salad Bar, Deli Sandwiches, and Paninis

<p>Featured Chopped Salad Chopped Garden Salad Featured Panini Cuban Press Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Featured Chopped Salad Taco Salad Featured Panini Peperoni Pizza Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Featured Chopped Salad Steak Salad Featured Panini Stuffed Steak & Cheese Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Featured Chopped Salad Cobb Salad Featured Panini Spicy Italian on Flat Bread Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>	<p>Featured Chopped Salad Chicken Apple Craisen Featured Panini Grilled Chicken Bruschetta Featured Veggies: See Main Menu For Daily Offering Choice of Fruit Choice of Milk</p>
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