



**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

**Weekly Vegetable Subgroups May Include:**

Dark Green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
Legumes - beans and peas  
Starchy - potatoes, corn, peas & lima beans  
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

**Daily Fruit Selections May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Leave Your Lunch at Home**

Daily entrée options may include:  
Cheese Burger on a Bun  
Chicken Patty on a Bun  
Chicken Nuggets with Pretzel Stick  
Cheese or Pepperoni Pizza

**UP FOR GRABS**

Chicken Caesar Salad with Dinner Roll  
Strawberry Spinach Salad with Dinner Roll  
Chopped Garden Salad with Dinner Roll  
Taco Salad with Dinner Roll

Asian BBQ Chicken Wrap  
Chicken Caesar Wrap  
Club Sandwich Wrap

Turkey & Cheese Flat Bread  
Buffalo Chicken Roll Up Wrap  
Turkey & Spinach Roll Up Wrap



**Lunch Prices**  
Student \$2.90  
Student Tier \$3.85  
Reduced \$.40  
Adult \$3.75  
Adult Tier \$4.70

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USDA is an equal opportunity provider and employer.

**Monday**  
12/31/2018

**Happy New Year!**

**Tuesday**  
1/1/2019

**Happy New Year!**

**Wednesday**  
1/2/2019



In-Service Day  
No Classes  
No Lunch Service

**Thursday**  
1/3/2019

Chicken Patty on a Bun  
Spicy or Regular  
or  
Big Daddy's  
Pizza (T)  
**Featured Veggies:**  
Steamed Corn  
Romaine Salad  
Choice of Fruit  
Choice of Milk

**Friday**  
1/4/2019

Pierogi Meal  
String Cheese  
or  
Mini Peperoni Calzones(T)  
with Dipping Sauce  
**Featured Veggies:**  
Cherry Tomatoes  
Roasted Zucchini  
Choice of Fruit  
Choice of Milk

1/7/2019

Italian Meatball  
Calzone(T)

or  
Chicken Nuggets  
with a Dinner Roll

**Featured Veggies:**

Oven Fries  
Red Pepper Strips  
Choice of Fruit  
Choice of Milk

1/8/2019

Pizza Sticks  
with Dipping Sauce  
or  
Nachos Grande  
Tortilla Chips

**Featured Veggies:**

Green Beans  
Spinach Salad  
Choice of Fruit  
Choice of Milk

**WING BAR(T)**

Boneless or Bone-In  
Choice of Sauce  
or  
Texas Toasted  
Cheese Sandwich

**Featured Veggies:**

Tomato Soup  
Tater Tots  
Choice of Fruit  
Choice of Milk

**CHEESE STEAK GRILLE**

Philly Steak & Cheese  
Try a Large for Tier Price  
or  
Jaguar Burger(T)

**Featured Veggies:**

Steamed Carrots  
Green Pepper Strips  
Choice of Fruit  
Choice of Milk

1/11/2019

BBQ Ribby  
On a Bun  
or  
Pepperoni Roll(T)  
with dipping sauce

**Featured Veggies:**

Garden Peas  
Chick Pea Salad  
Choice of Fruit  
Choice of Milk

1/14/2019

Turkey & Cheese Melt  
On a Croissant  
or  
Chicken Mash Potato  
Bowl (T)

**Featured Veggies:**

Mashed Potatoes  
Steamed Corn  
Choice of Fruit  
Choice of Milk

**Pizza Bar**

Variety of Pizzas  
Garlic Bread Stick  
or  
Beef Taco  
On a Soft Tortilla

**Featured Veggies:**

Black Beans  
Stewed Tomatoes  
Choice of Fruit  
Choice of Milk

1/16/2019

Meatball Hoagie  
Supersize it for a Tier  
or  
General Tso Chicken(T)  
w/Fried Rice & Egg Roll

**Featured Veggies:**

Broccoli  
Curley Fries  
Choice of Fruit  
Choice of Milk

**BURGER BAR**

Featuring the Jaguar(T)  
Choice of Toppings  
or  
Macaroni & Cheese

**Featured Veggies:**

Yellow Beans  
Caesar Salad  
Choice of Fruit  
Choice of Milk

1/18/2019

Open Faced Meatball  
Parmesan on Garlic Toast  
or  
Big Daddy's  
Pizza (T)

**Featured Veggies:**

Cucumber Salad  
Steamed Carrots  
Choice of Fruit  
Choice of Milk

1/21/2019



M. L. King Jr, Holiday  
No School

1/22/2019

Pulled BBQ Pork  
On a Pretzel Roll  
or  
Double Bacon Cheese  
Burger (T)

**Featured Veggies:**

Potato Wedges  
Caesar Salad  
Choice of Fruit  
Choice of Milk

1/23/2019

Calzone Bar(T)  
Variety of Calzones  
or  
Mini Corn Dogs

**Featured Veggies:**

Black Beans  
Green Pepper Strips  
Choice of Fruit  
Choice of Milk

**TJ CHIPOTLE GRILL**

Our Version of Chipotle(T)  
On a Soft Tortilla  
or  
Penne Pasta & Meatballs  
Garlic Bread

**Featured Veggies:**

Green Beans  
Caesar Salad  
Choice of Fruit  
Choice of Milk

1/25/2019

Popcorn Chicken  
or  
Pepperoni Roll(T)  
with Sauce

**Featured Veggies:**

Baby Carrots  
Apple Cider Slaw  
Choice of Fruit  
Choice of Milk

1/28/2019

Cheese Burger  
On a Bun  
or  
Chicken Mash Potato  
Bowl (T)

**Featured Veggies:**

Mashed Potatoes  
Steamed Corn  
Choice of Fruit  
Choice of Milk

1/29/2019

Chicken Sliders  
Regular or Spicy  
or  
Nachos Grande  
Tortilla Chips

**Featured Veggies:**

Mexicala Corn  
Tomato & Onion Salad  
Choice of Fruit  
Choice of Milk

**WING BAR(T)**

Boneless or Bone-In  
Choice of Sauce  
or  
French Toast Sticks  
With Sausage Patties

**Featured Veggies:**

Potato Triangles  
Ranchero Carrots  
Choice of Fruit  
Choice of Milk

**VILLA TOSCANO GRILLE**

Pasta Bar  
Garlic Bread Stick  
or  
Big Daddy's  
Pizza (T)

**Featured Veggies:**

Steamed Broccoli  
Celery Sticks with Ranch  
Choice of Fruit  
Choice of Milk

2/1/2019

Pierogi Meal  
String Cheese  
or  
Stuff Crust Pizza(T)

**Featured Veggies:**

Cherry Tomatoes  
Cucumber Slices  
Choice of Fruit  
Choice of Milk

2/4/2019

Philly Steak & Cheese  
Try a Large for Tier Price  
or  
General Tso Chicken(T)  
w/Fried Rice & Egg Roll

**Featured Veggies:**

Steamed Broccoli  
Cucumber Slices  
Choice of Fruit  
Choice of Milk

2/5/2019

Nachos Grande  
Tortilla Chips  
or  
Chicken Parmesan  
On a Bun

**Featured Veggies:**

Steamed Corn  
Baked Beans  
Choice of Fruit  
Choice of Milk

**WING BAR(T)**

Boneless or Bone-In  
Choice of Sauce  
or  
Egg Sausage & Cheese  
On a Croissant

**Featured Veggies:**

Tater Tots  
Carrot Sticks  
Choice of Fruit  
Choice of Milk

2/7/2019

Mini Peperoni Calzones(T)  
with Dipping Sauce  
or  
Penne Pasta & Meatballs  
Garlic Bread

**Featured Veggies:**

Curley Fries  
Red Pepper Strips  
Choice of Fruit  
Choice of Milk

2/8/2019

Buffalo Chicken  
Hoagie (T)  
or  
Italian Dunkers  
with Sauce

**Featured Veggies:**

Baby Carrots  
Green Beans  
Choice of Fruit  
Choice of Milk