



What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meal or meal alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate, strawberry, or vanilla

Weekly Vegetable Subgroups
May Include:

Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas
Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Alternate Daily
Entree Option
Choices:**

WOW Butter & Jelly Sandwich with String Cheese & Graham Snack

Choice of Craveable:
Weeks 1 & 4 Nachos
Weeks 2 & 5 Yogurt with String Cheese & Graham Snack
Weeks 3 & 6 Pizza

Popcorn Chicken
Cheese Pizza



Lunch Prices
Student \$2.65
Student Tier \$3.45
Reduced \$.40
Adult \$3.75
Adult Tier \$4.70

Food Service Director
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Monday
11/19/2018
THANKSGIVING DINNER
Roasted Turkey
Mashed Potatoes
Bread Stuffing
Turkey Gravy
Featured Veggies:
Garden Peas
Pumpkin Pie
Choice of Fruit
Choice of Milk

Tuesday
11/20/2018
Early Dismissal
For Conferences

No Lunch Service

Wednesday
11/21/2018
NO SCHOOL
Afternoon & Evening
Conferences

Thursday
11/22/2018
Thanksgiving Recess



Friday
11/23/2018
Thanksgiving Recess

11/26/2018
Thanksgiving Recess



11/27/2018
Stuffed Crust Pizza (T)
or
Alternate Selection

Featured Veggies:
Green Beans
Spinach Salad
Choice of Fruit
Choice of Milk

National French Toast Day
French Toast Sticks
With Sausage Patties
or
Alternate Selection

Featured Veggies:
Tater Tots
Green Pepper Strips
Choice of Fruit
Choice of Milk

11/29/2018
Toasted
Cheese Sandwich
or
Alternate Selection

Featured Veggies:
Cherry Tomatoes
Corn Salad
Choice of Fruit
Choice of Milk

11/30/2018
Big Daddy's
Pepperoni Pizza (T)
or
Alternate Selection

Featured Veggies:
Carrot Sticks
Chick Pea Salad
Choice of Fruit
Choice of Milk

12/3/2018
Turkey & Cheese
On a Croissant
or
Alternate Selection

Featured Veggies:
Oven Fries
Steamed Corn
Choice of Fruit
Choice of Milk

12/4/2018
Macaroni & Cheese
or
Alternate Selection

Featured Veggies:
Black Beans
Tomato Wedges
Choice of Fruit
Choice of Milk

12/5/2018
Cheese Burger
On a Bun
or
Alternate Selection

Featured Veggies:
Steamed Broccoli
Carrot Sticks
Choice of Fruit
Choice of Milk

12/6/2018
Nacho Grande
Tortilla Chips
or
Alternate Selection

Featured Veggies:
Yellow Beans
Cucumber Salad
Choice of Fruit
Choice of Milk

12/7/2018
French Bread Pizza (T)
or
Alternate Selection

Featured Veggies:
Oven Fries
Steamed Carrots
Choice of Fruit
Choice of Milk

12/10/2018
Chicken Nuggets
Pretzel Sticks
or
Alternate Selection

Featured Veggies:
Tomato Wedges
Tater Tots
Choice of Fruit
Choice of Milk

12/11/2018
Corn Dog
or
Alternate Selection

Featured Veggies:
Baked Beans
Lettuce & Tomato
Choice of Fruit
Choice of Milk

12/12/2018
Bacon Cheese Burger (T)
On a Bun
or
Alternate Selection

Featured Veggies:
Curley Fries
Steamed Carrots
Choice of Fruit
Choice of Milk

12/13/2018
Hot Dog
on a bun
or
Alternate Selection

Featured Veggies:
Green Beans
Caesar Salad
Choice of Fruit
Choice of Milk

12/14/2018
Cheese Pizza Sticks
with dipping sauce
or
Alternate Selection

Featured Veggies:
Baby Carrots
Corn Salad
Choice of Fruit
Choice of Milk

12/17/2018
Popcorn Chicken
with a Dinner Roll
or
Alternate Selection

Featured Veggies:
Oven Fries
Chick Pea Salad
Choice of Fruit
Choice of Milk

12/18/2018
Nachos Grande
Tortilla Chips
or
Alternate Selection

Featured Veggies:
Mexicali Corn
Tomato & Onion Salad
Choice of Fruit
Choice of Milk

12/19/2018
French Toast Sticks
With Breakfast Ham
or
Alternate Selection

Featured Veggies:
Potato Triangles
Ranchero Carrots
Choice of Fruit
Choice of Milk

12/20/2018
Italian Dunker
with dipping sauce
or
Alternate Selection

Featured Veggies:
Steamed Broccoli
Celery Sticks with Ranch
Choice of Fruit
Choice of Milk

12/21/2018
Pierogi Meal
or
Alternate Selection

Featured Veggies:
Cherry Tomatoes
Cucumber Slices
Choice of Fruit
Choice of Milk

12/24/2018
HOLIDAY RECESS



12/25/2018
HOLIDAY RECESS



12/26/2018
HOLIDAY RECESS



12/27/2018
HOLIDAY RECESS



12/28/2018
HOLIDAY RECESS

